

Nutritional Summary Report
 For: # 5394 CHICKEN FAJITA MARINADE SEA.
 7/28/2011

Total Weight: 100.000000201 g (3.53 OZ-WT.)
 Serving Size: 0.00 g (0.00 oz-wt.)
 Servings Per Container:

<u>Nutrient</u>	<u>Amount Per 100g</u>	<u>Amount Per Serving</u>
<u>Basic Components</u>		
Calories	224.13	0.00
Calories from Fat	7.73	0.00
Protein	7.74 g	0.00 g
Carbohydrates	48.97 g	0.00 g
Dietary Fiber	7.51 g	0.00 g
Sugar - Total	16.14 g	0.00 g
Fat - Total	0.86 g	0.00 g
Saturated Fat	0.11 g	0.00 g
Mono Fat	0.18 g	0.00 g
Poly Fat	0.16 g	0.00 g
Trans Fatty Acids	0.01 g	0.00 g
Cholesterol	0.00 mg	0.00 mg
Water	3.42 g	0.00 g
Ash	37.58 g	0.00 g
<u>Vitamins</u>		
Vitamin A IU	50.04 IU	0.00 IU
Vitamin C	4.10 mg	0.00 mg
Vitamin E IU	0.00 IU	0.00 IU
<u>Minerals</u>		
Calcium	130.37 mg	0.00 mg
Iron	2.56 mg	0.00 mg
Potassium	886.18 mg	0.00 mg
Sodium	13,216.71 mg	0.00 mg

Nutritional Summary Report
 For: # 5393 BEEF FAJITA MARINADE SEAS.
 7/28/2011

Total Weight: 100 g (3.53 OZ-WT.)
 Serving Size: 0.00 g (0.00 oz-wt.)
 Servings Per Container:

<u>Nutrient</u>	<u>Amount Per 100g</u>	<u>Amount Per Serving</u>
<u>Basic Components</u>		
Calories	168.92	0.00
Calories from Fat	5.36	0.00
Protein	6.11 g	0.00 g
Carbohydrates	34.73 g	0.00 g
Dietary Fiber	4.43 g	0.00 g
Sugar - Total	10.01 g	0.00 g
Fat - Total	0.60 g	0.00 g
Saturated Fat	0.11 g	0.00 g
Mono Fat	0.18 g	0.00 g
Poly Fat	0.18 g	0.00 g
Trans Fatty Acids	0.00 g	0.00 g
Cholesterol	0.00 mg	0.00 mg
Water	3.85 g	0.00 g
Ash	54.67 g	0.00 g
<u>Vitamins</u>		
Vitamin A IU	86.84 IU	0.00 IU
Vitamin C	6.37 mg	0.00 mg
Vitamin E IU	0.00 IU	0.00 IU
<u>Minerals</u>		
Calcium	131.71 mg	0.00 mg
Iron	1.57 mg	0.00 mg
Potassium	190.24 mg	0.00 mg
Sodium	19,775.81 mg	0.00 mg